



RSVP Coordinator Announcements:

- Ava Stilwell from Pulaski County RSVP has accepted the position of Program Assistant with Montgomery County. She begins on July 6th and is eager to get to know our volunteers. Please join me in welcoming Ava!
- Scholarship Update: Since the publish date of our June newsletter, Alexis Brown of Radford High School has been accepted to Harvard University this fall!
- Would you like to receive the RSVP newsletter by email? If so, please contact me at have-saw@montgomerycountyva.gov.

RSVP of Montgomery County and Radford

July 2015

Volunteer News

Activity Spotlight:

RSVP adopted two bases and began saving manufacturer coupons for the **Overseas Coupon Program** in August of 2013. We presently have a hard-working group of 10 volunteers that meet every Monday to clip, organize and total the donations received by volunteers and supporters. RSVP volunteers have mailed coupons valued at \$756,592 to a U.S. Air Force base in Spangdahlem, Germany and a U.S. Navy base in Yokosuka, Japan. On Monday, June 8, we were honored to have Retired U.S. Air Force Crew Chief James Webb of Warrensburg, Missouri visit the volunteers. He spoke to the group about his duties while in active service, and how the coupon program saved him and his family money during the time he was stationed in England and the U.S.

Webb is the great nephew of RSVP Volunteer, Glenda Caldwell, and kindly agreed to share his thankfulness of the program to the RSVP volunteers that have devoted numerous hours and energy to the worthwhile project.



Front Row: Tami Bean, Dottie Williams and Brenda Lyons

Back Row: Ila Groseclose, Glenda Caldwell, Honore Webb, James Webb, Mendel Hess and Sally Zimmerman

The **RSVP Fundraising Committee** is accepting items for 2 **RSVP Tote Bags** to be raffled later this year. Items are needed for one female bag and one male bag. Suggested items include: golf balls, hats, scarves, cosmetics, gifts cards, electronic games, puzzles, cook books, and paid subscriptions to magazines. If you would like to donate an item for this fundraiser, please bring it to the office.

July Birthdays:

01 Richard Kyle
 04 Virginia Yates
 07 Margaret Breslau
 08 Betty Basham
 08 Steve Howard
 12 Ira Manross
 12 Peggy Rasnick
 12 Sally Anna Stapleton
 14 William Baker
 14 Joseph Cox
 14 Jolene Rawlings
 15 Mendel Hess
 15 Meg Peterson
 17 Bridget McMahon
 18 Mazie Wimmer
 20 Manilla Phillips
 21 Sherry Bowman
 21 Stephen Sottosanti
 23 Dorothy Finch
 23 Pansy Puckett
 24 Susan Walton
 25 Lois Tuck
 26 Edward Lester
 26 Patsy Sparks
 30 Alan Heath
 30 Pauletta Copenheaver
 30 Janet Tabor

Get Well Soon:

- Jean Martin

Condolences:

- To Bill Vest in the loss of his sister.
- To Evelyn King in the loss of her brother.

**Volunteer Opportunities**

Please call the RSVP office or the number listed for the following volunteer opportunities:

The **cattery** (located at PetSmart) for the **Floyd County Humane Society** has lost their student help over the summer, and they need additional volunteer assistance! The cattery uses an online scheduling system, so they have an open schedule on a weekly basis. Volunteers may pick the day and time that works best for them each week, and you can choose mornings from 8-10 or evenings from 5-7. The hours needed can be flexible. If you are interested in helping, a 30 minute orientation is provided. Volunteers are responsible for cleaning the cages, which includes replenishing the food and water bowls, and playing with the cats.

A **Blood Drive** will be held on Wednesday, July 8 from 11 am to 5 pm at the Christiansburg Recreation Center. Please call 1-800-GIVE-LIFE to schedule an appointment to donate blood or call the office to work at the drive.

The **Montgomery County Department of Tourism** is seeking volunteers to man an information table (things to do and see) and survey participants and guests with the USBC State Bowling Open Tournament. Volunteers are needed to work a two-hour shift. You may choose from 7-9 am, 11 am–1 pm, and 3-5 pm at NRV Superbowl during weekends in July.

The **Montgomery County Department of Social Services** is in need of volunteers to serve as interpreters for initial applications and reapplications for the SNAP and TANF programs. The interviews usually last approximately 45 minutes to 1 hour. The screeners will provide a 3 to 4 day notice for an appointment. In addition, there are ongoing cases that require an interpreter for SNAP and TANF interviews. These appointments are set up the month before the client needs to come in.

LewisGale Hospital Montgomery is seeking volunteers in the following areas: Birthing Center, Human Resources, Nursing Floors, Emergency Department, OP Waiting Area, Gift Shop and Desk Volunteers.

Driver needed to pick up donated food for **Radford-Fairlawn Daily Bread**: A driver or team of drivers is needed to pick up food donations from the Fairlawn Walmart every Tuesday morning from 9:30 to 11 am. Radford-Fairlawn Daily Bread provides a meal at no cost each weekday to anyone in need at their dining room at 501 East Main Street in Radford and delivered to the doors of the homebound. The volunteer driver(s) would use their own personal vehicle, preferably a truck or large SUV, to pick up the food at Walmart and transport it to the kitchen in Radford. Coolers are provided to ensure the safe transport of refrigerated items. Drivers will be trained and substitutes will be provided as needed. Contact Donna Fern at 641-3883 for more information.

Community Events

The **Christiansburg Police Department** has been awarded a grant from CVS Pharmacy to combat drug abuse by installing a **drug collection unit**. The new unit will provide residents with a safe and environmentally responsible way to dispose of unwanted or expired medication, including controlled substances. The unit will be located at the police department (10 East Main Street) and open from the hours of 8 am – 12 noon, Monday – Friday. Learn more about the CVS Pharmacy Medication Disposal for Safer Communities at www.cvs.com/safercommunities. Items that cannot be accepted: thermometers, hydrogen peroxide, needles or other sharp objects, inhalers, meds from businesses or clinics, ointments, lotions, liquids, and aerosol cans.

A **Navigating Medicare** program will be held at the Christiansburg Recreation Center on Wednesday, July 22 from 1-3 pm. Are you nearing 65 or just want to know more about how to use the Medicare.gov website? VICAP counselors from the NRV Agency on Aging will be onsite to show you how to go from Medicare A through B, C, and D with Medigap on the side. If you are interested please contact Tammy Caldwell at 382-2349, ext. 2003 to pre-register by Tuesday, July 14.

Come out and celebrate Ice Cream Month at **Active Adult Day!** The event will be held on Thursday, July 16 from 1-3 pm. Ice cream will be provided and we're asking everyone to bring their favorite topping to share. Enjoy a fun game of bingo and win some fun summer prizes. Please call RSVP to register by July 13.

The New River Valley Chapter 1134 of the **National Active and Retired Federal Employees** (NARFE) will hold its next meeting on Thursday, July 9, 2015 at 10 am in the meeting room of Bull & Bones Brewhaus & Grill at First and Main Shopping Center, 1470 South Main St., Blacksburg. The program guest speaker will be Laura Rawlings, Director of Development at Goodwill Industries of the Valleys. Her presentation topic will be "**The Real Goodwill.**" For more information, contact Frank Perrini, 540-808-0206.

The **New River Valley Agency on Aging** can provide fans to persons age 60 or older that reside in the NRV. The **Fan Care Program** is based on a need for cooling assistance and income guidelines as published in the Federal Register. Please call 980-7720 for more information.

Cooling Assistance applications will be accepted through August 15 at the Montgomery County Department of Social Services. If you have any questions concerning this program or to obtain an application, call 382-6990.

You are invited to join the **New River Valley Agency on Aging** as they celebrate the accomplishments of the past 40 years and look forward to opportunities ahead. This **40th year anniversary** event will be held at the Christiansburg Recreation Center on August 13 from 9 am to 2 pm. Refreshments and door prizes will be offered throughout the day.

**RETIRED AND
SENIOR VOLUNTEER
PROGRAM OF
MONTGOMERY
COUNTY AND
RADFORD**

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Eric Sutphin Memorial Poker Run:



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